

Senior Commission Minutes
February 04, 2019

**MINUTES OF A REGULAR MEETING OF THE SENIOR COMMISSION OF THE
CITY OF LOS ALTOS/TOWN OF LOS ALTOS HILLS, HELD ON
MONDAY, February 04, 2019
BEGINNING AT 3:30 P.M.
Hillview Community Center (Room 12)
97 Hillview Ave, Los Altos, CA, 94022**

ESTABLISH QUORUM

PRESENT: Commissioners Murray, Basiji, O'Reilly, Vincent, Yu

ABSENT: Commissioners: Harding, Torbeck

PLEDGE OF ALLEGIANCE

Chair Harding led the Pledge of Allegiance.

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

Gary Hedden a resident from Los Altos, came back to give an update about the meeting that took place on January 31, 2019 at the Library regarding the topic of affordable housing. He said that the meeting was very successful, and 119 people attended. All five council members were present for the meeting. Gary is wondering if the topic of Affordable Housing could possibly be another committee that the Senior Commission could work on. He is available to lend support and expertise on this topic.

ITEMS FOR CONSIDERATION/ACTION

1. Approval of Minutes – January 07, 2019

Upon a motion by Commissioner Murray, seconded by Commissioner Vincent. 5 Commissioners approved the minutes of January 07, 2019.

INFORMATION ITEMS

2. Sourcewise

Public Comment: None

Action: None

Discussion: Tom Picraux from Sourcewise came to talk about Sourcewise in general and see if someone from the Senior Commission or a senior from the Los Altos Community could become a representative.

3. Senior Expo

Public Comment: None

Discussion

Senior Commission Minutes

February 04, 2019

Commissioner Murray gave a general update regarding the Senior Expo that will be taking place Monday, March 22nd at LAYC from 2:00pm to 5:00pm. The purpose is for seniors to be engaged with the Los Altos Community and to learn about more opportunities available for them. Letters have gone out to local faith-based organizations and to other senior organizations. Commissioner Murry stressed the importance of promoting the expo. A new flyer has been created and will be promoted through both Los Altos and Los Altos Hills Websites. Commissioner Murry is meeting on a regular basis with the Expo Committee. More to come at the next meeting regarding the progress of planning for the Senior Expo.

4. Spring Fling

Public Comment: None

Action: None

Discussion: Commissioner Yu gave a general update regarding the Spring Fling that will be taking place on Friday, April 05th at the Garden House from 6:00pm to 8:30pm. The deadline to sign up is by March 29th. Commissioner Yu also discussed briefly the handout that focused on logistics for this event. Top priority is to get more volunteers involved with this program. Need to see full participation from the Senior Commission.

5. T-Shirts/Table Skirts For Commission

Public Comment: None

Action: None

Discussion:

Staff Liaison Bridget Matheson gave a brief update regarding the topic of t-shirts and table skirts. The Senior Commission does not have a budget to purchase extra supplies such as t-shirts and table skirts. To purchase such items, would mean that the funds would need to come from another source. Staff Liaison Bridget Matheson said that it's important to be mindful of spending City funds. Is this an expense that makes sense? If this was purchased, this would mean that the senior commission will be going out to several events to promote senior programs, etc. There needs to be a justification for spending funds and does it make sense. What you do for one commission, you need to do for another commission. We may not be able to support all the commissions that are currently in place. There are 11 commissions in total to be mindful of. There was an idea of name tags mentioned instead of shirts. Staff Liaison Bridget Matheson also showed a sample of what a table skirt looks like.

6. Update on Grant Community Center Projects

Public Comment: None

Action: None

Discussion:

Commissioner O'Reilly gave Grant Community Center Project update. The subcommittee met with Recreation Staff in late January. The first item was for the request that there will be a covered patio

Senior Commission Minutes

February 04, 2019

structure at Grant. The structure will be in place in the Spring. Then there was a question about a fence cut. There are issues with ADA regulations and what the costs would be to really do that type of project. There have been questions about where will the programs go when Hillview is shut down? Programs will be placed at Grant, LAYC and the Garden House. Not all the programs will be at Grant, but there will be a transition period. There is a plan put in place regarding logistics for what is going to happen when Hillview is no longer going to be available for classes. Recreation Staff has been planning since the summer of 2017 regarding these types of logistics. Classes will be moving when the Spring Session starts in April. Office staff will not be moving until sometime in June to the Underground (This is still tentative, no specific dates at this time.)

7. Update on Hillview Community Center Projects

Public Comment: None

Action: None

Discussion:

Staff Liaison, Bridget Matheson did not have new items to report pertaining to the Hillview Community Center Project. Commissioner Murray will have an update at the next Senior Commission meeting that will be taking place in March.

8. Receive information and announcements from City and Town Staff

Updates

Programs & Events

Los Altos Hills:

Monthly Senior Walk pre-workout stretch, snack, and low impact 2 miles will be held on February 5th at 10:00 am at Town Hall, 26379 Fremont Road, Los Altos Hills, CA 94022.

Cooking Class: Winter In North Italy happening Saturday, February 16th from Noon – 2:00 pm. \$54 or \$50 for Los Altos Hills residents.

Tech Help for Seniors will be held on Thursday, February 7th and Thursday, March 7th from 4:00-5:00. To register visit: <http://seniortech.cf/?i=1> or call 650-947-2506.

Early February the 2019 Spring/Summer Activity Guide will be available at the following link: <http://www.losaltoshills.ca.gov/Activity-Guide>

City of Los Altos

AARP Tax Preparation Program

Starting February 4, 2019 through March 31, 2019 every Monday 9-12pm in Room 8. Please sign up in Room 10 at the Hillview Community Center Senior program if you are interested.

Drop-In Class Update

Due to popular demand we still have drop-ins for Intermediate Bridge, Line Dancing and Tai Chi.

Senior Commission Minutes

February 04, 2019

Check with Senior Center staff for more information regarding these classes.

*Bridge, American Mah-Jongg, and Ping-Pong Play members are Free, but non-members will need to pay \$3.00.

Friday Social

Starting February 8, 2019, the second Friday of the month begins "Friday Social", which takes the place of the lunch provided every 3rd Friday. Come join us in Room 10 for lite snacks and refreshments from 12:00pm until 2:00pm. The friendly atmosphere of Room 10 coupled with delectable treats and good conversation will make this new event quite enjoyable! Our lunchtime Volunteers are happy to prepare tasty snacks to enjoy!

Movie Day

Movie Day on the Big Screen is now being offered Wednesday afternoons, 1:00pm, in Room 12 starting January 2, 2019 and every first Wednesday of the month from there on.

Senior Expo (Let's Get Engaged):

On Friday, March 22, 2019 from 2:00pm to 5:00pm the Los Altos/Los Altos Hills Senior Commission & The Partners for New Generations will be hosting their first annual Senior Expo, "Let's Get Engaged". This event will be taking place at the Los Altos Youth Center (LAYC) which is located at 1 North San Antonio Road, Los Altos, Ca 94022. The purpose of this event is learning new ways that seniors can become more engaged with their community. For more information please contact Traci Murray at tmurray650@yahoo.com or calling (please leave message if I am not available) 408/621-0609.

Spring Fling

The 2nd Annual Senior Spring Fling will be taking place at the Garden House on Friday, April 05 from 6:00pm to 8:30pm. Registration for this event is currently open. Tickets are \$12.00 for Senior Program Members, \$15.00 for Non-Members. Tickets must be purchased no later than **Friday, March 29, 2019**. Tickets can be purchased online at <https://webtrac.losaltosca.gov/wbWSC/webtrac.wsc/wbsearch.html?wbp=1&xxmod=AR&xxcim=0&xxfrom=wb0330.html&xxrowid=0x0000000013dcf380>. You can also walk right into our Main Office which is located at 97 Hillview Ave, Los Altos, Ca 94022. For more details feel free to call 650-947-2790 or visit <https://www.losaltosca.gov/recreation/page/2nd-annual-senior-spring-fling>

Grant

Lunch is provided at Grant Park Senior Meetup Wednesdays at 11:30 am. Donations are welcome!

Jessica Ceynowa- Community Risk Specialist from Santa Clara County Fire Department will be coming to speak on Wednesday, February 20, 2019 at 12:30pm in the Main Hall at Grant.

COMMISSIONERS' REPORTS AND COMENTS

Community Center Subcommittee

Action -None

Senior Commission Minutes February 04, 2019

A report was mentioned earlier.

Outreach Subcommittee

Action- None

A report was mentioned earlier.

Transportation Subcommittee

Action- None

Regarding the On-Demand Ride Share Program. EL Camino Hospital has been added as one of the places that seniors can go to. Currently the City wants to keep the program as is and look at more ways to promote the new program. Another chance to look at this program could happen in June. More workshops will be offered through the Senior Program in March to learn how to utilize the Ride Share program better. There are ads that will be in the Town Crier, Facebook, Twitter, City Website, Next-door, Weekly Update, Flyers at the Senior Programs at Hillview and Grant.

Health and Safety Committee

Action- None

No report

Age Friendly Subcommittee

Action-None

No report

Online Resource Library Subcommittee

Action- None

Commissioner Murray looking at ways to make the Online Resource Library easier and not to reinvent the wheel.

Public Comment

None

POTENTIAL FUTURE AGENDA ITEMS

Housing Committee

ADJOURNMENT – Vice Chair O'Reilly adjourned the meeting at 4:30pm.